UCSF Benioff Children's Hospitals
Oakland | San Francisco

Grand Rounds

Open to all pediatric healthcare providers

12/1/26 "Picky Eating"

Presented by: Abigail Lundin, MS, RD

Clinical Dietitian
UCSF Benioff Children's Hospital Oakland

Planners expect learners to:

1. Differentiate picky eating from ARFID and PFD.
2. Identify age-appropriate foods and serving sizes.
3. Describe the Division of Responsibility.

12/8/26 "GLP-1 Receptor Agonists: From Physiology to Patient Care"

Presented by: Aristides Diamant, MD, PhD

Pediatric Endocrinologist
UCSF Benioff Children's Hospital San Francisco

Planners expect learners to:

1. Explain the physiological roles of endogenous GLP-1 in glucose regulation, gastrointestinal function, appetite, and body-weight homeostasis.
2. Relate the physiological actions of GLP-1–based medications to their therapeutic effects and limitations in the treatment of diabetes and obesity.
3. Apply an understanding of GLP-1 physiology to counsel patients on lifestyle strategies that support the effectiveness and tolerability of treatment with GLP-1–based medications.

This presentation will not be recorded.

12/15/26 "Cerebral Palsy in Infancy: From 'Wait and See' to Early Diagnosis and Intervention"

Presented by: Jasmine Ng, MD

Pediatric Physical Medicine and Rehabilitation Specialist
UCSF Benioff Children's Hospital Oakland

Planners expect learners to:

1. Describe the clinical definition of cerebral palsy.
2 Identify infants at increased risk for cerebral palsy based on neonatal and infant risk factors, early clinical signs, and developmental concerns.
3. List validated assessment tools, including the General Movements Assessment (GMA), Hammersmith Infant Neurological Examination (HINE), and brain MRI, to support early identification and diagnosis of cerebral palsy.

12/22/26 No Grand Rounds



12/29/26 No Grand Rounds



Grand Rounds is by Zoom only. 8-9 am. Contact cristina.fernandez@ucsf.edu for log-in information

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For CME credit, evaluations must be completed and sent to Cristina.Fernandez@ucsf.edu by 12pm the Friday after Grand Rounds.